

Cynulliad Cenedlaethol Cymru | National Assembly for Wales
Y Pwyllgor Newid Hinsawdd, Amgylchedd a Materion Gwledig | Climate Change,
Environment and Rural Affairs Committee
Ailfeddwl am fwyd yng Nghymru | Rethinking food in Wales

RFW 01

Ymateb gan : Unigolyn
Evidence from : Individual

I think a lot more support should be given to the organic movement in Wales. This would lead to better welfare, a reduction in the number of antibiotics in the food chain, a rise in the number of people employed in the industry and a better quality of food on the shelves. Meat should be treated as more of a luxury, high quality foodstuff, and eaten less often. It is food produced cheaply that ruins people's health. Cookery should be a compulsory subject in schools from 11–15, and pupils taught to cook full healthy meals on a budget, using more sustainable foodstuffs such as lentils, dried peas, stewing steak, and cheaper in season vegetables such as carrots and cabbage. Education is key to what people buy to eat.